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CONTACT: HELLO@DRSARAHRENEELANGLEY.COM

# DR. SARAH RENEE LANGLEY

STRATEGIST | SYNERGIST | SOLUTIONIST

[WWW.DRSARAHRENEELANGLEY.COM](http://WWW.DRSARAHRENEELANGLEY.COM)



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# INTRODUCTION: THE PROBLEM



A Study has shown that Conflict in the Workplace can cost up to \$359 Billion Dollars\* in Paid Hours, spending 3 hours weekly resolving conflict, costing up to 150% of employee annual salaries on replacement, retention and recruitment strategies.

When productivity, performance and profits are at risk, organizations and corporations quickly look for ways to mitigate conflict and protect bottom lines.

Conflict Challenges That Affect Bottom Lines:

- Grievances and Low Morale
- Absenteeism & High Turnover
- Bad Press/Investigations, Allegations & Lawsuits
- Mistrust, Animosity and Resentment
- Team Dysfunction
- Role Incompatibility, Confusion & Job Uncertainty
- Resource Scarcity
- Lack of Support in Juggling Multiple Roles in One
- Stress, Burnout & Overwhelm with Work-Life
- Lack of Mentorship and Managerial Leadership

Until now.

The benefits of contracting a transformational leadership mentor and professional development strategist to address potential risks can bring a \$20:\$1 ROI, a savings of up to \$25 Million Dollars\*.

Hiring a mentor and strategist to help develop high potential and top employees in their growth, expansion, transformation and leadership can reduce cuts and costs, and drive performance, productivity and profits to the roof.

[Here's How.](#)

# THE SOLUTION: DR. LANGLEY

Dr. Langley loves helping influential leaders become limitless legends who leave iconic legacies.

- Dr. Sarah Renee Langley is a leadership success and mindset mastery expert with nearly 30 years experience in revolutionizing women's leadership through transformational personal and professional development solutions.
- She has mentored high performing, purpose driven women execs and entrepreneurs on how to live, love and lead powerfully and boldly by teaching them how to take off the limits, tap into their limitless potential, and transform into limitless leaders.
- Through her LEAD Method through her brand of LIMITLESS LEADERSHIP, Dr. Langley is the leading authority in mindset mastery, success strategies, image improvement, stress management, and imposter syndrome elimination.
- Clients walk away with the necessary skills and tools that boost confidence, clarity, while regaining control over their personal and professional lives, and making positive impact in their careers, corporations and communities.
- Dr. Langley has dedicated her life's work, purpose and mission to mentor, guide and lead 1 billion aspiring leaders to become

LIMITLESS LEADERS AND LEGENDS.



# RESULTS AND BENEFITS

- Self Awareness and Clarity
- Improved Job Performance and Retention
- Enhanced Leadership Skills
- Goal Attainment
- Critical Thinking Skills
- Ability To Hit Target Goals
- ROI on Investment
- Boost Performance and Motivation
- Strengthen Resilience
- Professional Growth and Expansion
- Better Decision Making
- Navigating and Maintaining Through Change
- Finding Purpose and Fulfillment in Your Career or Business
- Mindset Shifts and Positive Beliefs
- Achieve Work-Life Harmony and Peaceable Homelife
- Mental Wellness and Emotional Wellbeing
- Managing Stress
- Better Prepared and Confident in Accepting Higher Roles
- Appreciation and Better Cooperation
- Execute High Performance Practices
- Improved Earning Results, Image and Status
- Reduced worry, risks and expenses
- Increased happiness, fulfillment, purpose
- Saved time, money, and energy
- Goal Clarity and Boundary Setting
- Become better leaders, communicators, and negotiators
- Secured livelihood and lifestyle
- Reduce shame, fear, guilt and imposter syndrome
- Positive, healthy self-esteem
- Better Understanding company objectives
- Improved Problem-Solving Abilities
- Increased Engagement and Satisfaction
- And More



# SOLUTION-FOCUSED SERVICES

## Transformational Leadership Training and Empowerment Keynoting Services-

- 90 minute leadership intensives to sharpen leadership skills through our brand of Limitless Leadership for top executives and high potential leaders. Includes personalized coaching, dynamic group activities, and customized resource materials.

## Limitless Leader Coaching Collective-

- A powerhouse 8 week, 90 minute group discussions providing a safe space to host self-care techniques, work-life balance and empowerment, plus engaging Q and A in an intimate group format. Includes follow up consultations and solution-focused strategies.

## Limitless Leader VIP Exclusive 1:1-

- 1 on 1 Executive Coaching and Leadership Consulting services that deep dives into success strategies, mindset mastery and goal attainment for optimal leadership and career growth as a Limitless Leader. Includes strategic planning, mentorship, and tailored to fit a corporate lifestyle. 3, 6 and 12 month retainer options.

## Masterminds and Corporate Retreats available upon request.

[BOOK A CALL BY COMPLETING THIS FORM](#)



# ABOUT DR. SARAH RENEE LANGLEY

- Dr. Langley holds a Ph.D. in Human Behavior Psychology, is licensed as a Clinical Psychotherapist, and has been certified as a Neurolinguistic Programming (NLP) Coach. She has pioneered a new leadership paradigm called Limitless Leadership.
- Dr. Langley is a sought-after speaker, presenting at conferences worldwide on transformational leadership, mindset mastery, and success strategies.
- She advocates for women's equality, equity, and empowerment, encouraging women to embrace their authenticity and executive presence, redefining her role within her identity as a leader.
- Dr. Langley is a published author, sharing her failures and triumphs on leadership, success, and happiness through her best-selling books.
- She has been featured on major media outlets such as Good Morning America, HuffPost and Medium.
- Dr. Langley has been a TedX Presenter in Ashbury Park, NJ.
- Dr. Langley's most self-celebrated work is caregiving for her parents and her volunteerism services.



# KEYNOTING & TRAINING TOPICS

Dr. Langley teaches on the following topics:

## LIMITLESS

### LEADERSHIP:

A new kind of leadership for the future using the LEADCASH Method

### I AM Limitless:

How to live, love, and lead powerfully and boldly without limits

### Female Executive

#### Presence:

Leveraging masculine action with feminine intention for perfect work-life balance

### The Laws Of Limitless

#### Leaders:

Key Steps Toward Purpose, Power and Profits



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# **ADDITIONAL KEYNOTING & TRAINING TOPICS**

## **Shatter That Glass Ceiling and Become A Limitless Leader:**

**If you're feeling stuck at a turning point of your life and career and need confidence and clarity as a corporate leader to get through the confines of doubt, fear and failure, this keynote will help you learn how to shatter the glass ceiling of limitations and surge to the top of your game. Be passionately empowered and get unstuck by tapping into the key principles that ignites Limitless Action towards greater success and happiness.**

## **Pursuing Purpose: From Success To Self-Significance**

**You are powerful. You are a powerful visionary. Yet, you feel like something is missing, something that is more meaningful that you can offer to your company, community and customers. In this keynote, learn the secrets to being an unstoppable, purpose driven visionary who goes beyond their success and operates in their extraordinary significance as a Corporate Leader for change.**

## **Leading Limitlessly- The Fastest Path to C.A.S.H.**

**Learn proven results-oriented strategies from Dr. Langley's 4 Superior Qualities of Limitless Leadership that will help you to your fastest path to C.A.S.H. by transforming into the incredible Limitless Leader inside and out.**

**[BOOK A CALL BY COMPLETING THIS FORM](#)**





# AS SEEN ON/ WORKED WITH



Medium  
Pittsburgh Post-Gazette



## Click Video Thumbnails Below:



# Awards

**ICONIC WOMAN AWARD -  
WOMEN'S ECONOMIC  
FORUM NEW DELHI,  
INDIA**

**WOMEN'S  
EMPOWERMENT AWARD  
COALITION OF 100  
BLACK WOMEN,  
PHILADELPHIA, PA USA**

**EXCEPTIONAL WOMAN &  
LEADER OF  
EXCELLENCE - ALL  
LADIES LEAGUE -  
NEW DELHI, INDIA**



# TESTIMONIALS



"There is something about you. I do not let just anyone in my personal spaces, but it is you, and you remind me of me and I know what I do is similar to what you will do."

Lisa Nichols (MOTIVATIONAL SPEAKER, MEDIA PERSONALITY, NEW YORK TIMES BEST-SELLING AUTHOR)



"I must say there are very few coaches that I have so much respect for and I honor their work but Dr. Sarah Langley is definitely a coach that I put on that pedestal. She is authentic and genuine and she has a coaching background with therapy skills so she is a double threat. If you're looking to work with a coach that has education, skills and who will genuinely take you to the next level work with Dr. Langley."

Bershan Shaw (OPRAH WINFREY NETWORK TV, LEADERSHIP COACH)



So you meet people– I travel all over the world and I meet people everywhere. You can tell when you meet somebody that has a heart and soul of giving and serving. Sarah's goal is clearly to help other people make their lives better and that's something I really respect. I was right behind her when she was talking to other people so I was listening to the way that you can tell the conversation is not about her. Sarah is trying to find about what she can do for others. Before Sarah and I talked the first time, I heard about her from a couple of other people here so clearly that message is being spread and people get it.

Jeff Hoffman (Co Founder Priceline, LLC)



You know it has been said that we're a reflection of the people we associate with the most and our income, our attitude and our lifestyle is the average in the group. In other words, if you hang around winners, you become one too. I've had an opportunity to sit down and go knees and knees, face-to-face with this woman. I got to tell you, she's got more power than a stick of dynamite. If you ever have an opportunity to sit down and pick her brain, I recommend you do that.

Greg Reid (Best Selling Author, Speaker, Filmmaker, Founder of Secret Knock)



"The first time I met Dr. Langley, she was amazing. We have instantly connected and I truly consider her as a beloved colleague and friend. She epitomizes, strength, determination, tenacity, and has such a genuine and gracious heart for helping women everywhere achieve extraordinary results without feeling guilty or apologetic. She is awesome and great at what she does."

Dr. Shirley Luu (FINANCIAL ADVISOR & WEALTH GURU, SHIRLEY LUU & ASSOCIATES)



Sarah from the moment I met her impressed me as someone with great wisdom, more wisdom than her age would indicate and a genuine ability to inspire others and help them create change and positivity in their own lives. Listening to her when she presented, she comes with a strength and a dignity and inspires as she speaks and speaks with an authority of inner knowing.

Michelle Pierson Young (Life and Business Coach)

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TO BOOK: HELLO@DRSARAHRENEELANGLEY.COM



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